



Retirement Living in the Heart of Downtown

# The Gardens

## May Events

**5/1** Alzheimer's Gardening Basket Raffle Drawing

**5/6 & 5/20** Scott-Farrar Singers

**5/7** Chair Tap with Patti

**5/8** Alzheimer's Cookie Walk Bake Sale

**5/8** Mother's Day Celebration

**5/10** Mother's Day

**5/12 & 5/26** Mary Armstrong Music and Movement

**5/13** Choppy Choir

**5/14** Steve Taylor One Room School Presentation

**5/23** Diane Ammons - Piano

**5/26** Arm Chair Travel

**5/27** Senior Fraud presentation



## Notes from Joanne

May brings change to the Activities department. Michelle who has been the Activities Director since March 2024, will be retiring in May and a new Activities Director will take on the leadership role of social programming. We are grateful to Michelle for the professionalism and organization she has brought to this department as well as her fun and cheerful nature. We will miss her and wish her all the best in her new adventure.

We will be planting vegetable, herb and flower plants in the courtyard garden boxes and hopefully (weather permitting) be spending more time in the courtyard and backyard patio with our games and socials. It will be a treat to finally spend time in the spring fresh air!

The Alzheimer's Avengers Fundraiser Gardening Raffle Basket Drawing is May 1.



## May Birthday

**5/12** Michael C.

**5/16** Mary W.



### **May Flower- Lily of the Valley**

Lily of the valley, the flower for the month of May, is native to Europe but now grows across North America and Northern Asia. Legend has it that these delicate, white, bell-shaped flowers, which bloom in May, first grew from Eve's tears after she and Adam were exiled from the Garden of Eden. The plant has come to signify purity and innocence and is often used in bridal bouquets.

### **May Birthstone- Emerald**



This bright green gemstone's name is derived from the Greek word *smaragdos*, which was a general term for green stones. In the Middle Ages, folklore held that the stone contained the power to foretell the future and to protect the wearer from panic. They are found all over the world, but Colombia is known to mine the largest and highest-quality emeralds.

## ***Getting to Know You...***



### **Ruth C.**

Ruth was an Assistant Town Clerk in Townsend MA where she raised her family and was a longtime resident. She and her late husband Jim raised five sons and she adores her many grandchildren and great grandchildren. Ruth also loves her morning coffee, being outside on a beautiful day and chatting with friends. Ruth will join us for patio chats as the weather becomes warmer.



### **May Special Days**

- 5/1 May Day
- 5/5 Cinco de Mayo
- 5/10 Mother's Day
- 5/25 Memorial Day

## Recent Activities

### Acrylic Painting and Balloon Volleyball



*Lois, left, is meticulous with her tulip petal shapes and color. Right, Hanne explains how painting is not her cup of tea, but her flowers were beautiful!*



*Don, left decided he would paint tulips for his wife Pauline though he would prefer painting a wall over flowers any day!*



*Far right, Terry is crushing her opponents in Balloon Volleyball as Claire cheers on from behind. Right, Earle and Carol can't decide whose serve it is since the game is so **loosely** based on real volleyball!*



## **Alzheimer's Avengers Fundraiser**

*Join in the fun and help us reach our fundraising  
goal of \$8,000!*

**May 8 Mother's Day Cookie Walk Bake Sale**

### **May Has Decked the World**

by Annette Wynne

May has decked the world, that we  
May bring the brave on land or sea  
Earth's glory on Memorial Day,  
The lovely meadow gifts of May.

Brave dead, who saved our country, we  
Come with flowers; O living brave, on land or sea,  
We wave the bright Red, White and Blue  
And bring May meadow gifts to you!



### **Monthly Religious Services Offered at Scott-Farrar**

Communion – 2nd and 4th Monday  
Episcopal Service – 2nd Tuesday  
Mass – 2nd Thursday (No Mass in May)  
Gospel Gathering 3rd Thursday  
Apostolic Lutheran Service – Last Sunday

### **Memorial Day**

**May 25, 2026**



Dementia Support Group for  
Memory Care meets on the  
second Thursday of each  
month at 4pm in the  
auditorium.  
If you have any questions  
contact Bethany,  
Memory Care Director.  
(603)924-3691  
Extension: 207

