

The Gardens

April Events

4/1 Alzheimer's Gardening Basket Raffle begins

4/1 & 4/15
Scott-Farrar Singers

4/5 Easter Sunday

4/7 & 4/21
Mary Armstrong
Music and Movement

4/7 Chair Tap w/ Pati

4/8 Choppy Choir

4/9 Peterborough Kindergarten Visit

4/10 Music with Dan Kirouac

4/15 Hospice: It's Not What You Think

4/23 Ella Fitzgerald - The Queen of Swing An Integrated Arts and multimedia program with Nanette Perrotte.



**Notes
from
Joanne**

April in the Gardens neighborhood is the time for planning the garden boxes, outdoor activities and fresh air fun after a long winter inside. We start some easy to grow vegetable seeds and flowers seeds in the windows and make lists of plants we will purchase to add to the two planter boxes. We have new members of our community who enjoy gardening and watching birds so outdoor projects will be a welcome change with lively conversation, word games and reminiscing. We are ready!

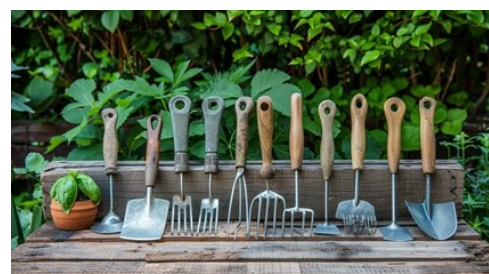
The Alzheimer's Avengers Fundraiser kicks off this spring with a Gardening Raffle Basket. If you would like to donate any brand new gardening item or gift card, please see Jennifer Boyd.

April Birthdays

4/2 Michael G.

4/12 Terry C.

4/20 Chris H.





April Flower- Daisy

The daisy gets its name from the

Anglo-Saxon *day's eye*, as it looks like a sun and opens with sunshine, and it represents innocence and purity. Legend tells that the first daisy appeared when a young nymph transformed into one to avoid unwanted attention. In Norse mythology, the daisy is the flower of Freya, goddess of love, motherhood, and beauty.



April Birthstone- Diamond

The gorgeous, glittery diamond is the birthstone for April. For centuries, this stone has been synonymous with romance, power, greed, and magic. In the Middle Ages, it was believed to cure headaches and to create love potions. Today, diamonds symbolize everlasting love and devotion. The diamond is the hardest material in the world, making it useful for cutting, carving, and polishing.

Getting to Know You...

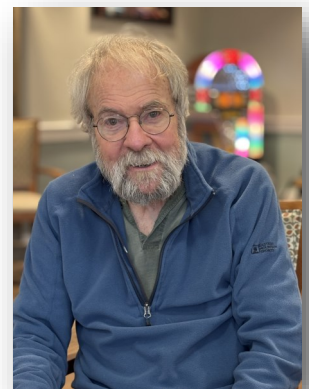
Mary W.

Mary was born in Florence, SC. and lived most of her life in the south before moving to NH in 2014. With her late husband Mac, she travelled to Greece, Spain, Brazil, Canada and Alaska. She became a pilot at an early age and loved flying. Mary also enjoys music, singing and making things with fabric like quilts, beautifully tailored clothes and even sleeping bags for grandchildren.



Peter E.

Peter is a retired Professor of Education and a longtime resident of Bennington, NH who grew up on Long Island. He enjoys photography, wine and cooking. His love of being in nature goes hand in hand with hiking, birding and travel. He and his wife Molly have visited France, England, Scotland, Wales and several countries in Europe, as well as Maritime Canada. He is a birder by ear and will join the Scott-Farrar bird count this spring.



Recent Activities

Quilt Block Design and Watercolor Painting



Left, Anna helps her brother Don with his watercolor painting.



Dave, right, puts together a colorful quilt block.



Lois and Claire, left, work on designing a few quilt blocks together and Cresca, right, puts her color and design talents to work on her block.



Advance Care Planning
In the Auditorium
4/15 1:30pm
Hospice: It's Not What You Think

Alzheimer's Avengers Fundraiser
Gardening Raffle Basket

Tickets on sale 4/1-4/30 - 6/\$10 or \$20/arms length
All proceeds benefit the Walk to End Alzheimer's
Drawing will be held on 5/1



Monthly Religious
Services
Offered at Scott-Farrar

Communion – 2nd and 4th Monday
Episcopal Service – 2nd Tuesday
Mass – 2nd Thursday
Gospel Gathering 3rd Thursday
Apostolic Lutheran Service –
Last Sunday

Dementia Support Group for
Memory Care meets on the
second Thursday of each
month at 4pm in the
auditorium.

If you have any questions
contact Bethany, Memory
Care Director.
(603)924-3691 Extension
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