



Retirement Living in the Heart of Downtown

The Gardens

October Events

- 10/1 Annual Alzheimer's
Avengers Walk Downtown
Peterborough
- 10/1 & 10/15
Scott-Farrar Singers
- 10/2 Bill Donahue
Journalist, Painting the
fence & other stories
- 10/14 & 10/28
Mary Armstrong
Music and Movement
- 10/18 Peak Into Peterborough
10am-4pm
Soup Contest sponsored by
Scott - Farrar 11:30-1:30pm
- 10/23 Monadnock History &
Culture Presentation
- 10/24 Virginia Eskins – Fall Music
Series, "Impressions"
- 10/25 Walk to End Alzheimer's
Keene, NH
- 10/26 Diane Ammons
Piano and Singing
- 10/30 Quarterly Remembrance
Service
- 10/31 Halloween



Notes from Activities

As autumn begins, we are ready to enjoy the warm days and make the most of indoor fun when the weather gets chilly. We will begin rehearsals for our "Radio Theater" productions; a reprise of last year's performance of "The Legend of Sleepy Hollow" October 29th at 1pm.

The dollhouse renovation is coming along, with all of the wallpaper off and the walls almost finished. The sanding is done and the trim and porch rails are glued back on. Next up are the wall paint, exterior and trim paint. Hopefully we will finish by early December (if my workers don't go on strike for better coffee break treats!).

*Lois working on
her coil pot
during a pottery
program.*





October Flower- Calendula

The flower for October is the calendula, which is native to southern Europe and also known as the pot marigold. The calendula is cousin to the daisy and the common marigold. Unlike the pungent marigold used to repel garden pests, the pot marigold's tangy, peppery flavor has become known as the "poor man's saffron." Its petals can be used as an edible colorant in pots of soup, pasta, rice, scrambled eggs, and salad arrangements.



October Birthstone- Opal

The opal has become a traditional gift for 12th, 14th, and 18th wedding anniversaries. While the exact date of discovery for opals is disputed, the earliest artifacts containing **opal** come from before 4000 BC. The Romans called opals, opalus, which translates to precious stone. A truly deserving name for this magnificent gem!

October Special Days

- 10/1-2 Yom Kippur
- 10/4 World Animal Day
- 10/13 Columbus Day, Indigenous Peoples' Day
- 10/16 Boss's Day
- 10/31 Halloween

Fun Facts About October

The name "October" comes from the Latin word "octo," meaning eight, as it was originally the eighth month in the Roman calendar. In Old English, October was known as "Winterfylleth," meaning "winter full moon." October brings about significant changes in nature and offers unique astronomical events. From the changing colors of leaves to celestial occurrences, this month is full of natural wonders. The Hunter's Moon, the full moon following the Harvest Moon, typically occurs in October. The Orionid meteor shower, associated with Halley's Comet, peaks in mid-October. In the Northern Hemisphere, the autumnal equinox occurs around September 22-23, making October the first full month of fall.

*Excerpt from
Fun World Facts
by Kim Richmond*



Recent Activities

From Dollhouse Repair to Pottery and Poker



Above left, Barbara sands the trim from the dollhouse as Lois, top middle, finishes the wallpaper removal and Dave, right, sands a dividing wall. Next is a little sanding and wall paint!



Left, Cresca, with three jacks, wins the poker game. Barbara, bottom left and Dave bottom right, make their best poker faces.



'25 Walk to End Alzheimer's Fundraising Events

Walk to End Alzheimer's Western NH Saturday, October 25, 2025 Keene State College, Keene NH

Join or Donate to The Alzheimer's Avengers team
<http://act.alz.org/goto/TheAlzheimer'sAvengers>



Monthly Religious Services Offered at Scott-Farrar

Communion – 2nd and 4th
Monday
Episcopal Service – 2nd Tuesday
Mass – 2nd Thursday
Apostolic Lutheran Service –
Last Sunday

The Scott-Farrar Amateur Radio Theatre Returns



October 29

“The Legend of
Sleepy Hollow”

By Washington Irving

Join us for a short radio play
with realistic sound effects and
loads of laughs. In the Gardens
neighborhood at 1pm.

Dementia Support Group for Memory Care meets on the
second Thursday of each month at 4pm in the auditorium.

If you have any questions
contact Bethany, Memory Care Director.
(603)924-3691 Extension 207

